

MFT Program Newsletter Fall/Winter 2024



Fall into Winter!

We welcomed <u>30 students</u> into our program for Fall 2024. I hear feedback that we have many promising therapists in training

from many different walks of life. As we know, the need for therapists is great and expected to continue to grow for at least the next 10 years.



Now for the reality check and a bit of normalizing!

Fall semester can be challenging for both 1st and 2nd year students for many reasons.

• First year students are looking at all of their assignments and projects coming due while working to find their place within their cohort and more fully understand systems. Yes, the systems you are experiencing within the program and your cohort are great practice for building self-awareness, relational skills, and respect for

difference ... all necessary to becoming a successful systemic therapist.

 Second year students are continuing to serve the greater Madison area community with more confidence and skills development ... while attending their accelerated Wednesday courses (every other week courses with every week assignments!!) and reviewing their plan for attaining clinical hours.





Let's remember to breathe, have patience with ourselves and each other, and continue to allow ourselves to grow.

Community Partnership Celebration

Our annual event is held on the first Saturday of December.

Saturday, December 7th, 1:00-3:00pm, Washburn Heritage Rm.

MFT students & their families, instructors & their families, supervisors & their families ... and community internship sites.



Live music, snacks & treats, raffle prizes, and a coloring table for the kids.

Our program is honored to work with many community partners through The Family Center. These include supplemental clinical sites and various community locations such as the Wisconsin Farm Center and Agrace Hospice.

TFC Front Desk Position

The Family Center is looking for a first-year MFT student to join our front desk reception team!



This is a paid work-study position through the college open to any student in our program. Hours are parttime and onsite, though flexible within the clinic's

open times - 9am to 6pm weekdays.

Once your internship year begins, some of the work involved in shift duties also counts towards hours requirements for graduation. For questions, more information, or to apply, reach out to Sam Egelhoff, TFC Clinical Director: segelhoff@edgewood.edu.

MFT Student Reps (all are welcome!)

collaborating with students across both cohorts and both years to create connection and community, reach out to Julia Smith, faculty advisor for Student Rep meetings and activities.



We will be brainstorming possible Spring activities!



COAMFTE Update



We continue to move forward. Materials were submitted for COAMFTE review in October. We should hear by the first of the year if we had enough data to qualify for a site visit (tentatively scheduled for the Spring). If you are interested in reading about the process, <u>click here</u>.

Spring and Summer Courses

Wondering what happens next? (It is important to travel through the entire program with your cohort 001 or 002, and then with your internship course instructor during your 2nd year)

Year 1	Fall	Cohort 001	MFT 600 001 (M) 5-7pm Weekly	MFT 605 001 (M) 7:30-9:30pm Weekly	MFT 620 001 (T) 5-7 pm Weekly	MFT 630 001 (T) 7:30-9:30pm Weekly
		Cohort 002	MFT 605 002 (M) 5-7pm Weekly	MFT 600 002 (M) 7:30-9:30pm Weekly	MFT 630 002 (T) 5-7 pm Weekly	MFT 620 002 (T) 7:30-9:30pm Weekly
	Spring	Cohort 001	MFT 635 001 (M) 5-7pm Weekly	MFT 610 001 (M) 7:30-9:30pm Weekly	MFT 725 001 (T) 5-7 pm Weekly	MFT 625 001 (T) 7:30-9:30pm Weekly
		Cohort 002	MFT 610 002 (M) 5-7pm Weekly	MFT 635 002 (M) 7:30-9:30pm Weekly	MFT 625 002 (T) 5-7pm Weekly	MFT 725 002 (T) 7:30-9:30pm Weekly
Year 2	Summer	Cohort 001	MFT 800 001 (W) 4-6pm e/o Week (1 st Wednesday)	4 sections of MFT 750 (<u>limit 8 students per section;</u> each section will remain together until graduation).	MFT 750 001 (W) 6:30-8pm MFT 750 002 (W) 6:30-8pm MFT 750 003 (W) 6:30-8pm MFT 750 004 (W) 6:30-8pm All sections weekly	Clinical site hours
		Cohort 002	MFT 800 002 (W) 4-6pm e/o Week (2 nd Wednesday)			
	Fall	Cohort 001	MFT 735 001 (W) 5-7pm e/o Week (1 st Wednesday)	MFT 740 001 (W) 5-7pm e/o Week (2 nd Wednesday)	MFT 760 001 (W) 7:30-9pm MFT 760 002 (W) 7:30-9pm MFT 760 003 (W) 7:30-9pm MFT 760 003 (W) 7:30-9pm All sections weekly	
		Cohort 002	MFT 740 002 (W) 5-7pm e/o Week (1 st Wednesday)	MFT 735 002 (W) 5-7pm e/o Week (2 nd Wednesday)		Clinical site hours
	Spring	Cohort 001	MFT 700 001 (W) 5-7pm e/o Week (1 st Wednesday)	MFT 745 001 (W) 5-7pm e/o Week (2 nd Wednesday)	MFT 770 001 (W) 7:30-9pm MFT 770 002 (W) 7:30-9pm MFT 770 003 (W) 7:30-9pm MFT 770 004 (W) 7:30-9pm All sections weekly	Clinical site hours
		Cohort 002	MFT 745 002 (W) 5-7pm e/o Week (1 st Wednesday)	MFT 700 002 (W) 5-7pm e/o Week (2 nd Wednesday)		
	GRAD	May of 2 nd ye	ar			

Course titles

- MFT 600 Foundations of Systemic Practice
- MFT 605 MFT Theories & Models
- MFT 610 Clinical Treatment: Families/Groups
- MFT 620 Diverse/Multicultural Communities
- MFT 625 Clinical Treatment: Couples/Intimate Relationships
- MFT 630 Mental Health Diagnosis & Treatment
- MFT 635 Systemic/Relational Assessment
- MFT 700 Research & Evaluation
- MFT 725 Relational Practicum
- MFT 735 Lifespan Development
- MFT 740 Clinical Treatment: Child/Adolescent
- MFT 745 Contemporary Issues & Collaboration
- MFT 750 Clinical Internship I
- MFT 760 Clinical Internship II
- MFT 770 Clinical Internship III
- MFT 800 Ethics, Law & Social Responsibility

Optional course

MFT 780 - Clinical Internship IV (if needed to finish hours)

Course descriptions can be found at the bottom of this catalog page.

Typical Two-Year Full-Time Schedule

Fall Year 1 - MFT 600, MFT 605, MFT 620, MFT 630 Spring Year 1 - MFT 610, MFT 625, MFT 635, MFT 725 Summer Year 1 - MFT 750, MFT 800, Internship Fall Year 2 - MFT 735, MFT 740, MFT 760, Internship Spring Year 2 - MFT 700, MFT 745, MFT 770, Internship

Remember: If you have a part-time schedule or have a different timeline than the standard two-year schedule, please check in at the end of each semester with your advisor to verify you are on track.



Our Team Continues to Grow ... Spring Semester



Julia Smith, LMFT, IAYT Full-time Lecturer, AAMFT Approved Supervisor, Academic Advisor, Faculty Committee Chair & Student Rep Advisor

MFT 610 sections 001 & 002 – Clinical Tx: Families & Groups



Melinda Bailey, PhD

Program Mentor, Supervision Committee Mentor, Systemic Supervisor, and Guest Lecturer



Sam Egehoff, LMFT Clinical Director at The Family Center & AAMFT Approved Supervisor, Supervision Committee Chair

MFT 725 sections 001 & 002 -**Relational Practicum**



Julie Jensen, TFC

Operations Manager at The Family Center & AAMFT Approved Supervisor

MFT 725 sections 001 & 002 -**Relational Practicum**

We were also excited to have Melissa Warren, LMFT, present this past semester. We will have



Tammy Conrad, LMFT Adjunct Instructor & AAMFT **Approved Supervisor**

MFT 745 sections 001 & 002 -**Contemporary Issues & Collaboration**

a picture and brief bio next time.



Clinical Internship Group Supervision Team



Mike Thalasinos, LMFT Part-time Lecturer & AAMFT Approved Supervisor

MFT 770 section 001 – Clinical Internship III

Section 002 will be added back in during the Summer semester with the next group of clinical interns.



Anne Totero, LMFT Part-time Lecturer & AAMFT Approved Supervisor

MFT 770 section 003 - Clinical Internship III



Rosa Morrow, LMFT Part-time Lecturer & AAMFT Supervisor Candidate

MFT 770 section 004 - Clinical Internship III

Welcome, we are excited to have you on our team!



Courtney McCaw, LMFT

Adjunct Instructor MFT 635 sections 001 & 002 – Systemic/Relational Assessment

Courtney works with Edelweiss Behavioral Health LLC, a group private practice specializing in higher level of care for eating disorders and obsessive-compulsive disorders. Courtney provides weekly outpatient therapy for a variety of concerns, specializing in eating disorders, anxiety disorders and family therapy.



Sam Troemel, LMFT

Adjunct Instructor MFT 625 sections 001 & 002 – Clinical Tx: Couples & Intimate Relationships

I help partners in queer, polyamorous, and kink communities cultivate strong relationships, disrupt harmful patterns, and build community more effectively. With expertise in sex therapy and a deep understanding of the beauty of queer relationships, my goal is to help partners feel more secure, intimate, and connected, one conversation at a time.



Dr. Marlo Zarzaur Adjunct Instructor MFT 700 sections 001 & 002 – Research & Evaluation

Marlo Carney Zarzaur, Ed.D, LPC-MHSP is new to Madison after working in a large private practice for 14 years in Memphis, TN. She specializes in treating children, adolescents and their families. Today she has her own practice in Madison continuing her clinical focus on the diagnosis and treatment of 2-25 year olds and their families.