EDGEWOOD COLLEGE

Mental Health Emergency

A mental health emergency is a life threatening situation in which an individual is imminently threatening harm to self or others, severely disoriented or out of touch with reality, has a severe inability to function, or is otherwise distraught and out of control.

Examples of a Mental Health Emergency include:

- Acting on a suicide threat
- Homicidal or threatening behavior
- Self-injury needing immediate medical attention
- Severe impairment by drugs or alcohol
- Highly erratic,unusual, or unpredictable behavior and/or an inability to care for themselves.

Suggestions for What to Do in Case of a Mental Health Emergency

Call 9-1-1, and then contact Campus Security (608) 663-4321.

Mental Health Crisis

A mental health crisis is a non-life threatening situation in which an individual is exhibiting extreme emotional disturbance or behavioral distress, considering harm to self or others, disoriented or out of touch with reality, has a compromised ability to function, or is otherwise agitated and unable to be calmed.

Examples of a Mental Health Crisis include:

- Talking about suicide or not wanting to live anymore
- Making threats to others
- Self-injury that does not appear to require immediate medical attention
- Highly erratic or unusual behavior
- Significant emotional distress, such as appearing very depressed, angry, or anxious

What to Do in Case of a Mental Health Crisis During Business Hours (M-F, 8:00-4:30)

1. Call Personal Counseling Services: (608) 663-4148. State that you have a person in crisis.
2. Escort the student to Personal Counseling Services, located in the Wellness Center in Dominican 122. The student will be greeted and given a brief form to fill out to assess their current mental health needs. Based on those needs, the student will either be seen by a counselor immediately or during the soonest available appointment time (typically within 1–2 days).
3. In the unlikely event that Personal Counseling Services is closed for the day, there will be a sign on the door listing alternative resources, such as the Dean of Students Office.
4. Submit a report form to EC Cares regarding your concerns: www.tinyurl.com/ECCares

EC Cares is a team of staff members who work to identify students who may be struggling and discuss how to best connect the student with the appropriate resources.

After Hours and Weekends
1. Call Security: (608) 663-4321. If the student is an on-campus resident, Security will work with Residence Life to contact an on-call counselor who is qualified to assess and provide any needed crisis intervention. If the student is not a resident, Security will contact the Madison Police Department to assess and support the student.
2. Submit a report form to EC Cares regarding your concerns: www.tinyurl.com/ECCares

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Special Circumstances

If the person in Mental Health Emergency or Crisis is calling by telephone:
1. Attempt to get the person's name, phone and location.
2. Keep the person on the phone, while you get a co-worker's attention and depending on the level of urgency, contact appropriate assistance.

Social Media use such as text, e-mail, Facebook, and/or Twitter.
1. Print the social media message and include contact information.
2. Contact Security or the Dean of Students Office, and/or complete a report form to EC Cares here: www.tinyurl.com/ECCares

For general questions or need for policy clarification on Edgewood College's mental health resources and how to support students, please call the Dean of Students' Office at 608-663-2212, Academic Dean's Office at 608-663-2200, and/or Personal Counseling Services at 608-663-4148.

For general questions or need for policy clarification on Edgewood College's mental health resources and how to support staff or faculty, please call the Human Resources Office at 608-663-3317.